Microglial morphology determined with confocal and two-photon laser scanning microscopy

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Abstract

Microglia are the first and main form of active immune defense in the nervous system. The immune status of microglia is directly correlated to their morphology. Therefore, microglia morphology is used to distinguish between active and surveilling microglia. For the actual paper, we used confocal laser scanning microscopy (cLSM) and two-photon laser scanning microscopy (2P-LSM), to investigate microglia morphology of 14–16 weeks old, transgenic mice (n=6). After obtaining, in vivo and fixed tissue, single cells images, we manually tracked individually branch segments of normal microglia. The total number of branches and their overall length were analyzed. Additionally, the number and mean length of each branch order were measured. The overall microglia branching morphology was not different between the two acquisition methods. However, a higher number of fifth branches was observed using cLSM and 2P-LSM, in both fixed and in vivo tissue. Although results from the two methods are mainly comparable, small differences between them should be taken in consideration when formulating an activating/surveilling conclusion that is purely based on pure microscopic findings. Furthermore, in our opinion, due to their highly dynamic nature, microglia should be carefully labeled as resting or active, taking also into consideration the imaging method used to obtain the data.

Keywords: microglia morphology, confocal microscopy, two-photon laser scanning microscopy.

Introduction

Microglia are resident immune cells of the central nervous system (CNS) with key roles in neuroinflammation due to their production of proinflammatory cytokines and free radicals [1]. Microglia activation is considered to be a morphological marker of this neuroinflammation [2–4] due to specific microglia morphology changes directly linked to pathology [4–6]. As such, specific microglia morphology changes are seen as a sign of abnormality within the CNS. However, a specific microglia marker, able to identify the immune status of these cells, has not been identified and a clear-cut point in the immune activation of microglia has yet to be established. As confomational changes have been observed, many researchers tried to characterize them [7–9]. This attempts have been made using different microscopy techniques like wide field [10, 11] or fluorescence microscopy [12], and different approaches from fixed tissue [10–12], whilst others used in vivo models [6, 8]. Other laser-based imaging methods have been used to study cellular dynamics in the brain, such as optical coherence tomography (OCT) [13, 14] but have so far been ineffective on a cellular level.

One of the main problems in studying microglia morphology is that most studies have been focused on changes within neuroinflammation diseases [15–18] or in aging [19, 20], while very few have quantified, in detail, microglia arborization in the normal adult brain [21, 22]. Several reports have discussed microglial responses to changes both in the environment and stress by active branch remodeling [22, 23], thus demonstrating that the relationship between microglia morphology and function is more complex than was initially thought. This limited underestimation could be due to the static way in which a highly dynamic cell like microglia was studied [10, 11]. However, as it is one of the most dynamic cells in the human body, quantifying microglia morphology can be difficult and one should take into consideration other factors such as perfusion techniques that have been showed to have a significant impact on microglia morphology [24, 25].

In light of this observation, we decided to investigate how modern techniques like confocal laser scanning microscopy (cLSM) and two-photon laser scanning microscopy (2P-LSM) perceive microglia morphology in a normal mouse brain. Both laser scanning methods are highly effective tools to investigate morphological changes that can appear in the normal brain and as such these technologies have been used in a lot of neuroscience studies. Their superior spatial resolution compared with other optical imaging acquisition systems makes them ideal for structural detailing of cell morphology [26]. Although, both have a similar working principle, it should be noted that a clear difference in image quality exists between cLSM and 2P-LSM, due to a small loss in spatial resolution when using 2P-LSM [27]. This can be mostly explained by the different sample used to investigate tissue. The main advantage of 2P-LSM is the possibility of singular or chronicle in vivo imaging, which allows the observation of cell behavior over a long-time span.
There are many papers focusing on the technical differences between cLSM and 2P-LSM [28, 29]. However, data generated in structural studies reveals different aspects of microglia morphological changes in the injured tissue [7]. This can be a direct consequence on the method used to generate the structural overview of microglia. The purpose of this paper is not to focus on the technical differences of the two methods, but rather investigate the difference of microglia morphology obtained by cLSM and 2P-LSM.

Materials and Methods

Animal preparation for in vivo imaging

Transgenic CXCR mice, that have an enhanced green fluorescent protein (EGFP) fused to a transmembrane CX3C chemokine receptor (TgH(CX3CR1-EGFP)) [30] (n=6) (14–16 weeks old males), were anesthetized with an intraperitoneal injection of Ketamine [120 mg/kg body weight (b.w.)]/Xylazine (12 mg/kg b.w.).

The temperature was maintained at 36–37°C, placing the animal, during the imaging sessions, on a heating blanket, while monitoring was made by a rectal probe. During anesthesia, mice were closely observed: pinch withdrawal, eyelid reflex, corneal reflex, vibrissae movements and respiration rate. The cranial window for the experiment was implanted over the right somatosensory cortex (between -0.5 to -1 mm post bregma and 1.0 to 3.5 mm lateral) [31]. To maintain it stable a custom-made metal holder was attached to the skull using dental acrylic cement. During craniotomy, while drilling, saline solution was periodically added to the skull not to damage the underlying cortex by induced heat. For the same reason, drilling was interrupted from time to time to permit heat dissipation. To eliminate the possible side effects of surgery only cells deeper than 50 μm below the pial surface were image analyzed, as they showed no changes in motility or morphology.

Perfusion and fixation

After the initial perfusion with 1× phosphate-buffered saline (PBS), 4% paraformaldehyde (PFA) was pumped in the animal’s circulatory system allowing a slow whole-body fixation. The brain was removed and post-fixed overnight in 4% PFA. The fixed brain was used for vibratome slicing using a Leica VT1000S vibratome and mounted in Aqua poly mount (Polysciences).

Two-photon laser scanning microscopy

In vivo and fixed two-photon imaging was performed using a custom-built two-photon laser-scanning microscope. All acquired images were taken using a 20× water-immersion objective lens (0.8 NA; Carl Zeiss, Jena). Scanning and imaging were controlled by a custom-written software [32]. The excitation laser intensity was kept at a minimum to minimize photo damage but was high enough to obtain a good signal-to-noise ratio. Image acquisition was made with the laser (Chameleon Ultra II, Ti:Sapphire Laser, Coherent) set to 910 nm. Emission was detected using a photomultiplier tube (R6357, Hamamatsu). Both in vivo and in vitro image acquisition was made without averaging at a pixel time of 5.7 μs, as to keep 2P-LSM characteristics used for in vivo studies, as 2P-LSM is not normally used to image slices. Image stacks of small, cortical volumes (15–30 focal planes with 1–2 μm axial spacing) were generated for data analysis [33].

Confocal laser scanning microscopy

cLSM stacks were obtained using a LSM 710 (Carl Zeiss, Jena) with a 40×/1 objective (Plan-Aprochomat; 4 Oil DIC (UV) VIS-IR M 27). Appropriate excitation/emission filters were used to detect the EGFP bound to microglia membrane. The excitation was made using a Lasos Argon laser (454 nm to 514 nm). The fluorescence protein was excited at 488 nm and a z-stack was made imaging at 1 μm intervals. All data was then processed using Zen (Zeiss) and ImageJ software. The pixel time of all confocal images was 6.2 μs, with a 12-time averaging. The resulting images were 212.55×212.55 μm (512×512 pixel).

Data analysis

To analyze microglia morphology, a semi-manual method was used [34]. Cells that were analyzed were manually selected from the acquired stacks. This was done in such way that each image would display as much of the microglia branching tree as possible. A total number of 23 cells (cLSM) and 25 cells (2P-LSM) were taken into consideration for analysis. After branch isolation and their order assignment (Figure 1), the total branch number, the total length, the number and mean length of each branch order were analyzed using GraphPad Prism 6 and Microsoft Excel. Two-way analysis of variance (ANOVA) and Student’s t-test were used to evaluate statistical difference. All figures show mean value and standard error of the mean the statistical significance is displayed as follows: * – p<0.05, ** – p<0.01 and *** – p<0.001.

Figure 1 – Microglia morphology captured with cLSM and 2P-LSM. Microglia raw images obtained from cLSM (A) and 2P-LSM (in fixed tissue (B) and in vivo (C)) were used for segment branch tracing and data analysis. Each segment order is coded with different colors from red (first order branching) to green (fifth and higher branch order). For additional control, merge images were generated before data retrieval. Scale bar: 25 μm. cLSM: Confocal laser scanning microscopy; 2P-LSM: Two-photon laser scanning microscopy.
License

This study was carried out at the University of Saarland in strict compliance with the recommendations of European and German guidelines for the welfare of experimental animals. Animal experiments were approved by the Saarland “Landesamt für Gesundheit und Verbraucherschutz” in Saarbrücken/Germany (Animal License No. 71/2010).

Results

Difference in image quality between laser scanning microscopy techniques

Although both acquisition technologies use lasers to excite EGFP and photomultiplier tubes for detection, we wanted, first, to evaluate the picture quality. The main problem was due to different pixel time and averaging in data acquisition. Therefore, we generated mean pixel intensity histograms (Figure 2A) and compared the mean intensity of pixels generating for all data sets (Figure 2B). The histogram revealed clear differences between cLSM and 2P-LPM (both in vivo and fixed tissues). cLSM used less grey tones than both 2P-LSM samples. The mean pixel intensity revealed differences, not only between cLSM and in vivo 2P-LSM, but also between in vivo and fixed tissue 2P-LSM (Figure 2B). We were not able to measure the power going into the sample but we did evaluate the average output laser power used for imaging. This showed that cLSM had approximately 300–350 mW, for our samples, while 2P-LSM used 650–750 mW for fixed tissue and 150 to 300 mW for in vivo imaging, depending on how deep the image was acquired. For this study, images were acquired at a depth between 100 and 200 μm.

Normal microglia morphology varies on the acquisition technique

To analyze global microglia morphology, branches were characterized by the average number of processes per cell and by the mean segment length. Using cLSM, a higher mean branch number could be determined than by using 2P-LSM (Figure 3A). Interestingly, 2P-LSM could not detect more branches in vivo compared to fixed tissue. Mean length of microglia segments also did not differ between the two methods (p > 0.05) (Figure 3B).

Discussions

Microglia morphology is still extremely difficult to evaluate, even with more and more powerful computers and more sophisticated detection methods. Due to the complex and intricate microdomains of microglia, detailed, normal microglia analysis could be an important tool for studies that focus on small microglia changes, especially in borderline pathological conditions, as the aging brain [19, 35]. Here, we opted for this study for a semi-manual method that allowed a precise arbor tracking, as to eliminate small differences that could appear from the software algorithm itself.
Figure 4 – Precise branch order analysis reveals difference in higher branch orders. Overview of analyzed microglial cells imaged with cLSM (A), fixed 2P-LSM (B) and in vivo 2P-LSM (C) reveals difference in visual quality between the methods. Analysis of branch numbers sorted by order shows no difference between first and fourth order, while the fifth is changed significantly, with 2P-LSM less branches of the fifth order could be detected (D). No difference could be observed when mean branch length was analyzed (E). Scale bars indicate 50 μm. cLSM: Confocal laser scanning microscopy; 2P-LSM: Two-photon laser scanning microscopy.

Technologies like cLSM, that helped researchers to collect detailed morphological information on specific cells types, are mostly able to generate still images of brain cells, which is not as different, from a physiological standpoint than the classical wide field methods. Although, cLSM could be used both in vitro and in vivo experiments, due to how images are generated using this technique, it is not the standard for in vivo laser scanning microscopy. More and more peer reviewers will now ask authors to confirm their cLSM findings by 2P-LSM. This has determined us to compare morphological results obtain with these two methods. First, comparing the laser power and image quality we can see the one photon excitation used in cLSM needs more power than 2P-LSM. However, due to the pinhole method used, cLSM is able to generate better images, with a high signal to noise ratio. Interestingly, although this ratio improved in 2P-LSM if fixed tissue, the image quality was still visually inferior to cLSM. This is rather counterintuitive, as one will expect the same light scattering in slices, independent of the imaging method. However, this seems not to be the case. One explanation could be the use of averaging in cLSM compared with no averaging in 2P-LSM. Due to the averaging method used, the total scanning time per layer is higher in cLSM, than 2P-LSM, even if pixel time for the two methods is similar. Although it is technically possible to use averaging in 2P-LSM, such an approach is not used for in vivo applications, especially when investigating high dynamic cells like microglia. Because of this, we decided not to use averaging for fixed tissue 2P-LSM acquisition.

Initially, we thought that the lower number of branches detected by 2P-LSM is due to the perfusion method [24, 25]. We wanted to show that this was a consequence of the method for obtaining the sample and not of the imaging technique, therefore we decided to scan fix brain slices using the 2P-LSM. We were surprised to see that, even in fixed tissue samples, 2P-LSM can detect the same number of branches as in vivo imaging. This could be a matter of averaging, but the fact that all methods used were detecting the same mean branch length determined us to have a better look at which branches was 2P-LSM failing to detect. The better spatial resolution of cLSM was able to detect more fifth order branches compared with 2P-LSM (both in vivo and fixed tissue) with no difference in the average length of each branch order.

Conclusions

As more and more data is generated, there is an increasing tendency to amalgamate information without taking into consideration differences in the acquisition
methods. This can be helpful establishing validity and/or confirming new hypotheses. However, as we showed, even related technologies as cLSM and 2P-LSM do not overlap exactly. Although results from the two technologies can be discussed and even compared, the small differences between them should be taken into consideration when formulating a conclusion that is purely based on pure microscopic findings. This is especially applicable to microglia studies, where morphology is linked to its immune state. Furthermore, in our opinion, due to their highly dynamic nature, microglia should be carefully labeled as resting or active, taking also into consideration the imaging method used to obtain data.

Conflict of interests

The authors declare that they have no conflict of interests.

Author contribution

Simaranda Ioana Mitran and Emilia Burada have equally contributed to this paper.

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